



**Instructions:** Read each question and write the letter of the correct choice on the Attestation & Answer sheet. A score of 80% or higher is required to receive credit for this training (8 correct answers).

1. Zero Suicide is:
  - a) A dedicated program to only St. Clair County Community Mental Health
  - b) An assessment tool used by health care physicians
  - c) An aspirational challenge and practical framework for system-wide transformation toward safer suicide care.
2. Non Suicidal Self Injury
  - a) Is Self-Injury or self-inflicted harm without the intent to die
  - b) Can lead to death or sever injury unintentionally
  - c) Is primary to teen, white females
  - d) Both A and B
  - e) None of the above
3. Blank are more like to attempt suicide.
  - a) Females
  - b) Males
4. In 2020, firearms accounted for blank of suicide deaths.
  - a) 2%
  - b) 25%
  - c) 52%
  - d) 75%
5. Which of the following increases suicide risk factors for seniors:
  - a) Less like to be discovered or rescued
  - b) Hopelessness, loss of sense of purpose
  - c) Planning more carefully
  - d) All of the above
6. Talking about suicide or asking the question often puts the thought or idea of suicide in someone's mind.
  - a) True
  - b) False
7. There is an estimated blank attempts of suicide before a suicide completion.
  - a) Unknown we do not have that data
  - b) 2-3
  - c) 7-10
  - d) 24-26
8. It is important to use the word "committed" when referring to suicide.
  - a) True
  - b) False
9. 988 is a
  - a) National Suicide and crisis call and text line
  - b) National Suicide only call and text line
  - c) Michigan only hotline
  - d) Serves only the Veteran and LGBTQ communities
10. The St. Clair County Suicide Prevention Committee is:
  - a) Made up of only St. Clair County Community Mental Health employees
  - b) A community Committee run through the St. Clair County Community Services Coordinating Body (CSCB)
  - c) A Nationally recognized committee that reports data yearly
  - d) A discontinued Committee that no longer exists and is only digitally reached